

# University of Pretoria Yearbook 2019

## Life orientation 150 (JLO 150)

**Qualification** Undergraduate

**Faculty** [Faculty of Education](#)

**Module credits** 12.00

**Programmes** [Higher Certificate Sport Science Education](#)

**Prerequisites** Admission to the relevant programme.

**Contact time** 2 lectures per week

**Language of tuition** Module is presented in English

**Department** Early Childhood Education

**Period of presentation** Semester 1

### Module content

The main focus of this module is on personal development and therefore the question: “Who am I?” is posed. The content is designed to focus on the student as individual and on the various factors that influence individual development. Students are guided to develop relevant knowledge, intrapersonal skills and attitudes to display resilient behaviour.

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